

5th December 2024

Dear Gymnasts & Coaches,

Re: 2025 GBR Rhythmic Junior Performance Programme

On behalf of British Gymnastics, I am pleased to confirm that you, and the gymnasts named below, have been selected for the GBR Rhythmic Junior Performance Programme for the period 1st January 2025 to 31st December 2025.

Gymnast Name	Club
Videlina Bachkova	Devotion RGA
*Athena Chan	Llanelli RGA
Imogen Coslett	Llanelli RGA
Malika Ozgen	Evolution RGC
Lena Piotrowska	West London Gymnastics
Maria Switaj	West London Gymnastics

**Gymnast selected as a guest – will automatically be a full member on receipt of British passport*

National Training Venue and Dates

There will be programme activity on the below dates. This activity will take place in Jubilee Hall located at Lilleshall National Sports Centre, Lilleshall, Shropshire, TF10 9AT.

- 15th – 16th January
- 12th – 14th February
- 21st – 23rd May
- 13th – 15th June – Worlds Prep Camp
- 1st – 3rd October

Programme Acceptance & Consent Forms

Membership of the Performance Programme is optional – you have the opportunity to accept or decline this offer. However please understand that there are a number of obligations that come alongside this offer. If you choose to accept, attendance at all Programme opportunities will be mandatory.

Please complete the following acceptance form by Wednesday 18th December to accept your place on the programme: <https://form.jotform.com/243153517578361>

Rhythmic Camp Information

For the camps in January, gymnasts are asked to arrive at Lilleshall National Sports Centre for 10:00hrs on the first day of the Camp with an expected finish time of 18:30hrs on the last day. For all other camps, timings will be communicated in due course. Gymnasts will be expected to make their own travel arrangements and please note that no travel expenses will be paid.

Accommodation will be provided on-site at Lilleshall (twin rooms) along with all meals from lunch on the first day to lunch on the last day of camp. If you have any specific dietary requirements, please contact Claire McKean to advise.

Programme Attendance

Should you accept your place on the programme it is expected that you will attend the dates listed above, with the exception of illness or injury.

If you are unable to attend programme training due to illness or injury you must contact Claire McKean as soon as possible, and where possible provide a doctor's note. Failure to do so may result in exclusion from the programme and any associated cancellation charges being passed on to you.

Personal Coach Attendance

Personal coaches are expected to attend training camps. All personal coaches are expected to book their own accommodation and food for the duration of the training camp. Please notify Claire McKean of your attendance by the enrolment deadline outlined below.

Programme Cost & Payment

The Performance Programme is self-funded, with the cost stated below covering accommodation and meals at Lilleshall for the duration of the camp. Gymnasts are required to pay the full cost for each camp in advance and must meet the payment deadlines for each camp. This information will be sent by email to both gymnasts, or their parents when under 18, and coaches. The cost of the camps is as below:

- 15th – 16th January - £100
- 12th – 14th February - £190
- 21st – 23rd May - £200
- 13th – 15th June – Worlds Prep Camp - £200
- 1st – 3rd October - £200

Teamworks

As part of your selection, you will be required to provide information to British Gymnastics on a platform called Teamworks (formerly Smartabase). The Teamworks system allows data to be entered safely via an app or web browser by athletes (aged 16 and over) or parents/guardians (if athletes are under the age of 16). Further information regarding Teamworks and the forms required to be completed prior to attending squads will be sent in due course.

Code of Conduct

British Gymnastics aim to promote the highest standards of behaviours amongst its athletes in all situations, and as a member of the GBR squad you will need to sign the GBR athlete agreement. This document reinforces the expectations of the Association at a general level, which promotes additional expectations for any athlete involved in National Squad attendance or National Team representation. This code of conduct can be found on Smartabase, and it is compulsory for all squad members to complete this.

Anti-Doping

British Gymnastics actively endorse the Anti-Doping Policy set by the World Anti-Doping Agency (WADA), which is implemented by UK Sport. To comply with the Policy, we need to ensure that each gymnast has read and understood that they will be required to participate in British Gymnastics' anti-doping testing programme.

This will involve,

- An understanding of the Anti-Doping Policy. Available on the British Gymnastics website; www.british-gymnastics.org/technical-information/performance-gymnastics/sports-science.
- Acting as an ambassador for drug free sport
- If selected, to provide a sample which will be scientifically screened for the presence of any restricted or prohibited medication(s).

FIG Licence

As a member of the GBR Performance Programme you are required to hold a valid FIG licence. It will be necessary to have your FIG licence for entry purposes to any FIG sanctioned event. To purchase a licence, you will need to purchase the 'FIG Licence Application' product via the MyBG membership system 'Shop' and follow the instructions. The charge for an FIG Licence application is £35.00.

Prior to submitting the FIG Licence request, you will be required to have a copy your passport, passport style photo and anti-doping course certificate in PDF format available to upload. Please register to WADA's Anti-Doping Education and Learning Platform (ADEL) and complete the relevant anti-doping course via: Anti-Doping Education and Learning (wada-ama.org). International-Level Athletes Education Programme.

It is your responsibility to make sure you FIG licence is valid. If needed, you can check your licence validity at any time here: https://www.fig-gymnastics.com/site/athletes/lic_view.php

International selection

Please be advised that the selection policies for the European Championships, World Cups and World Challenge Cups will be available to view in due course.

Below are the chosen opportunities for you to attend one of the below international competition(s) / camps. These competition(s) / camps will be self-funded and an estimated cost is below, however please note this cost is subject to change.

Gymnast / Group Name	Competition/Camp	Location & Dates	Approx cost
Imogen Coslett Malika Ozgen	Gymnastik International	Fellbach-Schmidlen, Germany 13 th – 16 th March (approx.)	£1200
Videlina Bachkova Lena Piotrowska Maria Switaj	Aphrodite Cup	Palaio Faliro, Greece 19 th March – 24 th March (approx.)	£1575

For further international competition experience, there is the below **optional** competition for gymnasts to attend.

Competition/Camp	Location & Dates	Approx cost
Sofia Cup	Sofia, Bulgaria 25 th – 31st March (approx.)	£1150

Acceptance of international competitions/camps is optional, however please confirm by email no later than Wednesday 18th December that you will be accepting this selection and, as such, committing to pay the associated costs. Also, please confirm your interest to attend the Sofia Cup and we will confirm your selection nearer to the competition. A confirmation of the payment deadline for each international will be sent in due course.

Selections will be made at a later date for other international competitions due to take place in 2025.

Contact Details

For any queries regarding the programme please contact:

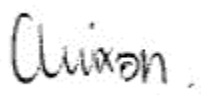
Claire McKean – Performance Services Officer - Rhythmic

Phone – 07739990270

E-mail – claire.mckean@british-gymnastics.org

Congratulations on your selection and we look forward to seeing you at first camp in January.

Kind Regards,

A handwritten signature in black ink, appearing to read 'Amy Nixon'.

Amy Nixon
Performance Development Manager
British Gymnastics